



# Self-modulation of relativistic cosmic rays penetrating dense molecular clouds

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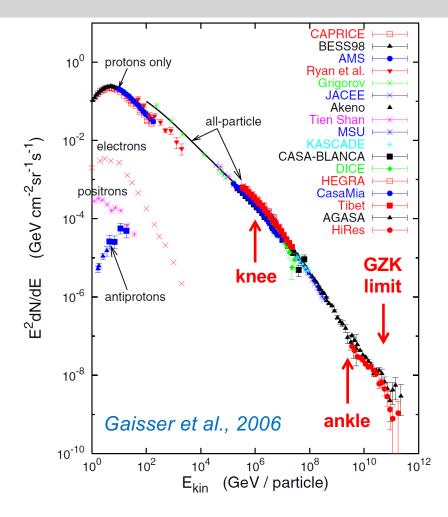
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Chernyshov, Ivlev, & Kiselev, PRD 110, 043012 (2024)

#### Galactic cosmic rays (CRs)



Energy density in the ISM:

 $W_{\rm CR} \approx 1.4 \text{ eV/cm}^3$  $W_B \approx 0.9 \text{ eV/cm}^3$  $W_T \approx 0.5 \text{ eV/cm}^3$  $W_{\rm turb} \approx 0.2 \text{ eV/cm}^3$ 

Cosmic Rays are:

dilute, non-thermal, high-pressure relativistic gas

# Variety of processes driven by CRs in MCs





• Gas ionization

⇒ coupling to magnetic field, properties of turbulence, ...

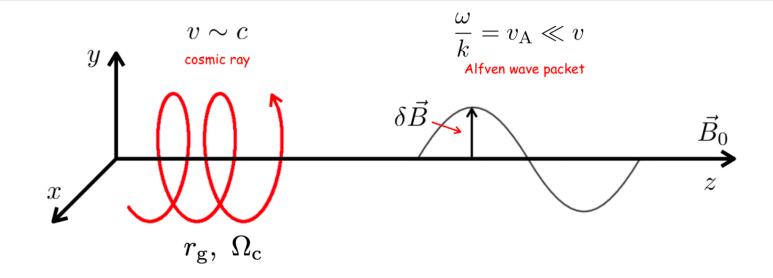
- Gas heating
  - ⇒ cloud dynamics, chemistry, ...
- Dust evolution

 $\Rightarrow$  dust coagulation, chemical processes on grain surface, ...

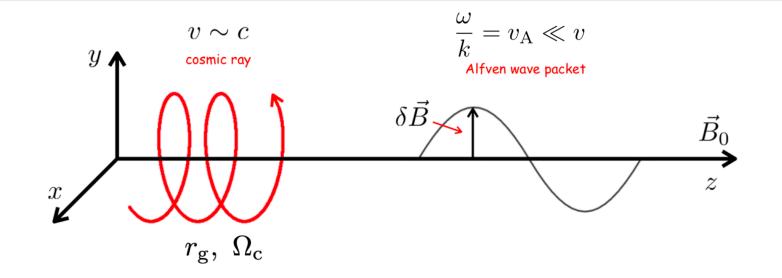
• Processing of icy mantles

⇒ abundances of complex molecules, desorption of ices, ...

# Pitch-angle resonant scattering



## Pitch-angle resonant scattering



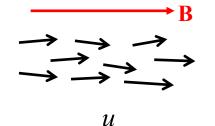
Resonance condition:  $|\omega - kv_{\parallel}| \sim \Omega_{\rm c} \sim c/r_{\rm g} \quad \Rightarrow \quad kr_{\rm g} \sim 1$ 

$$\langle F_z \rangle = \frac{e}{c} \langle v_{\varphi} B_y \rangle \neq 0$$
 kinetic  $\Rightarrow$ 

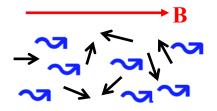
kinetic energy is conserved ⇒ pitch-angle variation

#### Resonant wave excitation

Interstellar CRs stream freely in quiescent ionized gas



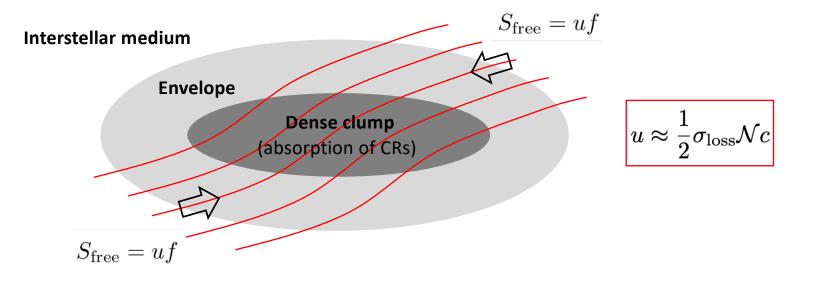
**Excited MHD waves** lead to CR isotropization (in *co-moving* reference frame)



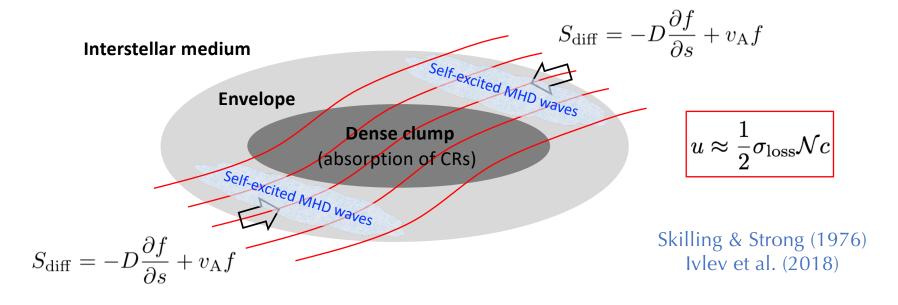
$$\gamma_{\rm CR}(p) \simeq -\pi^2 \frac{e^2 v_{\rm A}}{m_p c^2 \Omega_p} p f(p) (u - v_{\rm A})$$

Kulsrud & Pearce (1969); Skilling (1975)

# Resonant streaming instability

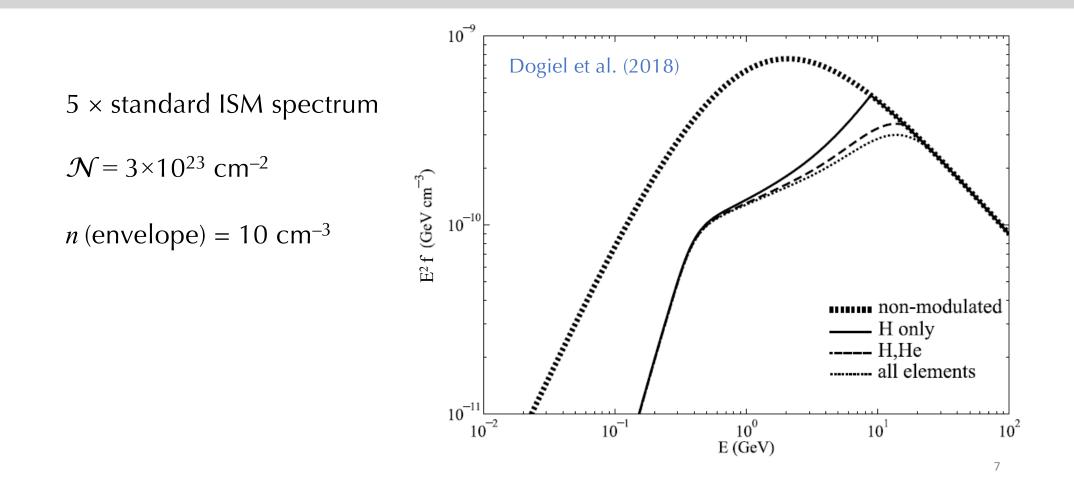


# Resonant streaming instability

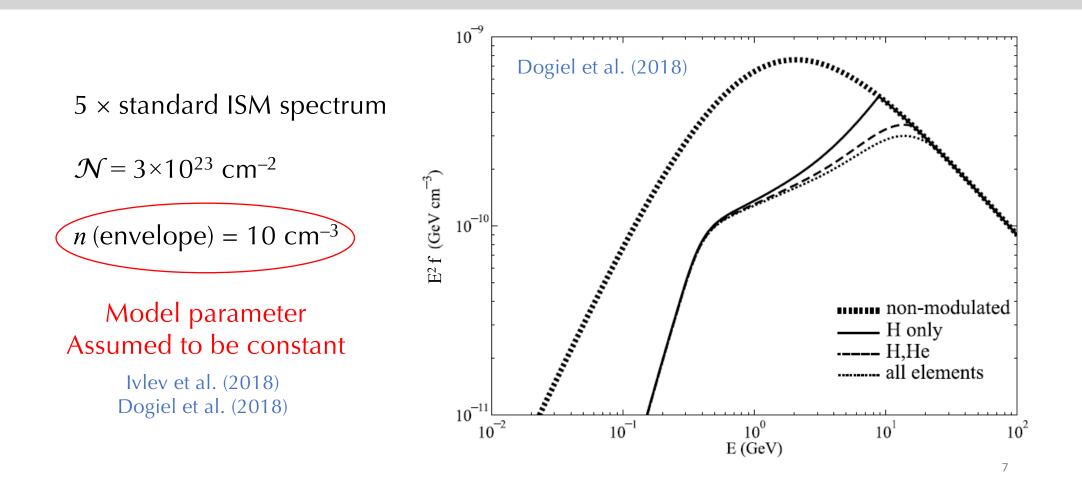


- Streaming CRs with  $u > v_A$  resonantly excite MHD waves in the envelope, at  $kr_g \sim 1$ .
- The turbulence level is set by a balance of the wave excitation,  $\gamma_{CR} \propto -D(\partial f/\partial z)$ , and the ion-neutral damping,  $\nu_{in} \propto n$ .

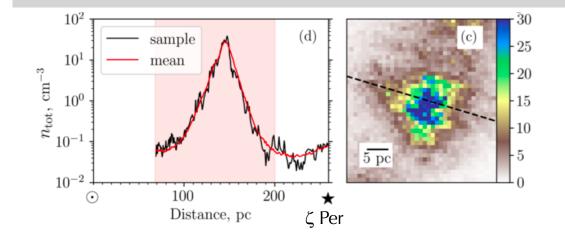
#### Modulation of CR spectrum in the CMZ



#### Modulation of CR spectrum in the CMZ

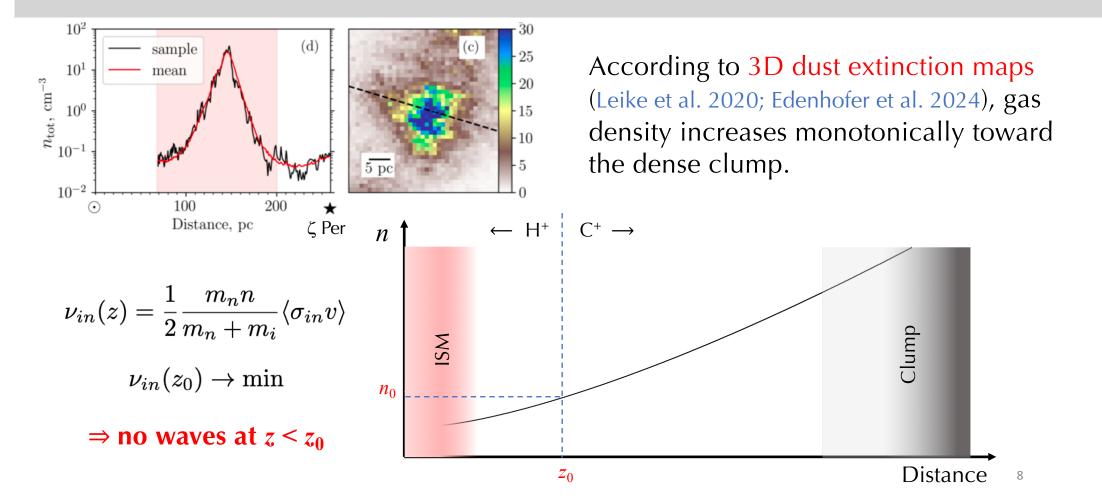


#### Gas distribution in envelopes

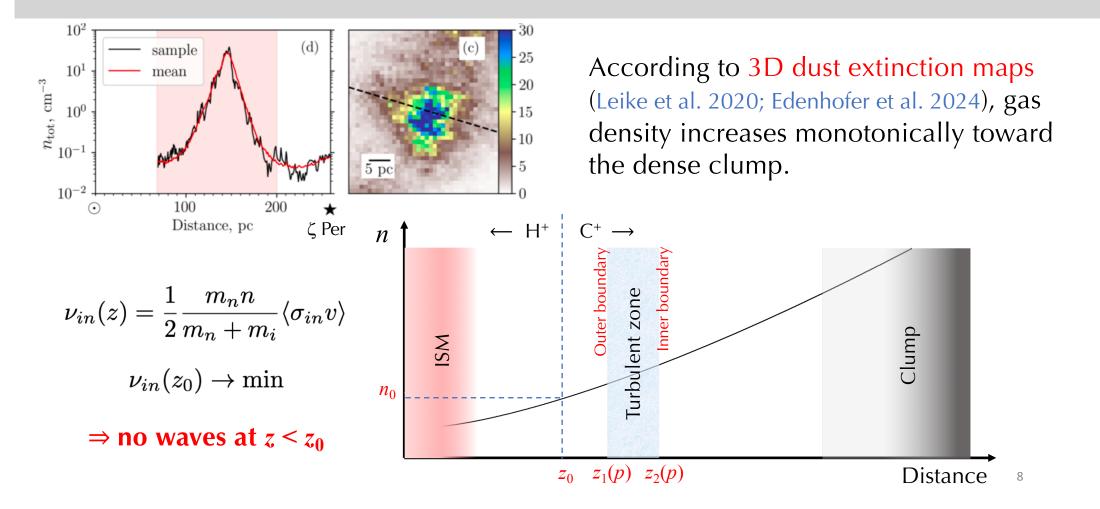


According to 3D dust extinction maps (Leike et al. 2020; Edenhofer et al. 2024), gas density increases monotonically toward the dense clump.

#### Gas distribution in envelopes



#### Gas distribution in envelopes



# Equations for the diffusion zone (CR protons)

# $\frac{\text{Transport equation}}{\frac{\partial}{\partial z} \left( v_{\text{A}} f - D \frac{\partial f}{\partial z} \right) + \frac{\partial}{\partial p} \left( \dot{p} f \right) = 0$ $\frac{\partial}{\partial z} \left( \text{total CR flux} \right)$

$$v_{\rm A}(z) = \frac{B}{\sqrt{4\pi m_i \xi_i n}}$$

$$D(p,z) \simeq rac{1}{6\pi^2} rac{vB^2}{k^2W}$$

Skilling (1975) Skilling & Strong (1976) Ivlev et al. (2018)

Excitation-damping balance

 $\gamma_{\rm CR} = \nu_{in}$ 

$$\gamma_{\mathrm{CR}}(k,z) \simeq -\pi^2 rac{e^2 v_{\mathrm{A}}}{m_p c^2 \Omega_p} p D rac{\partial f}{\partial z}$$

$$u_{in}(z) = 
u_0 rac{n}{n_0}$$

# Equations for the diffusion zone (CR protons)

Transport equationExcitation-damping balance
$$\frac{\partial}{\partial z} \left( v_A f - D \frac{\partial f}{\partial z} \right) + \frac{\partial}{\partial p} (\dot{p}f) = 0$$
 $\gamma_{CR} = \nu_{in}$ total CR flux $\gamma_{CR}(k, z) \simeq -\pi^2 \frac{e^2 v_A}{m_p c^2 \Omega_p} p D \frac{\partial f}{\partial z}$  $v_A(z) = \frac{B}{\sqrt{4\pi m_i \xi_i n}}$  $\gamma_{CR}(k, z) \simeq -\pi^2 \frac{e^2 v_A}{m_p c^2 \Omega_p} p D \frac{\partial f}{\partial z}$  $D(p, z) \simeq \frac{1}{6\pi^2} \frac{vB^2}{k^2 W}$ Skilling (1975)  
Skilling & Strong (1976)  
Ivlev et al. (2018) $U(p, z) = v_A f + S_D$  $\swarrow$ total CR flux $\leftarrow$  $D(p, z) = v_A f + S_D$  $\leftarrow$ total CR flux $D(p, z) \simeq \frac{n^{3/2}}{p}$ 

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 $\equiv$ 

$$\frac{\partial}{\partial z} \left( v_{\rm A} f - D \frac{\partial f}{\partial z} \right) + \frac{\partial}{\partial p} \left( \dot{y} f \right) = 0$$

$$v_{\rm A}f(p,z) + S_{\rm D} = S_0(p)$$

total CR flux

$$\frac{\partial}{\partial z} \left( v_{\rm A} f - D \frac{\partial f}{\partial z} \right) + \frac{\partial}{\partial p} (\dot{y} f) = 0$$

Outer boundary *z*<sub>1</sub>(*p*):

$$f(p,z)|_{z=z_1} = f_0(p)$$

$$v_{A}f(p, z) + S_{D} = S_{0}(p)$$
  
total CR flux  
Inner boundary  $z_{2}(p)$ :  
 $u f(p, z)|_{z=z_{2}} = S_{0}(p)$ 

$$\frac{\partial}{\partial z} \left( v_{\rm A} f - D \frac{\partial f}{\partial z} \right) + \frac{\partial}{\partial p} (\dot{y} f) = 0$$

Outer boundary *z*<sub>1</sub>(*p*):

$$f(p,z)|_{z=z_1} = f_0(p)$$

$$\frac{df}{dz} = 0 \quad \Longrightarrow \quad 3 S_{\rm D}|_{z=z_{\rm cr}} = v_{\rm A}|_{z=z_{\rm cr}} f_0$$

$$\Rightarrow \qquad n_{\rm cr}(p) = \sqrt{\frac{\pi p f_0(p) n_0}{12\xi_i} \frac{\Omega_i}{\nu_0}}$$
$$n_1(p) = \max\{n_{\rm cr}(p), n_0\}$$

$$v_{A}f(p,z) + S_{D} = S_{0}(p)$$
  
total CR flux  
Inner boundary  $z_{2}(p)$ :  
 $u f(p,z)|_{z=z_{2}} = S_{0}(p)$ 

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$$\frac{\partial}{\partial z} \left( v_{\rm A} f - D \frac{\partial f}{\partial z} \right) + \frac{\partial}{\partial p} \left( \dot{p} f \right) = 0$$

Outer boundary *z*<sub>1</sub>(*p*):

$$f(p,z)|_{z=z_1} = f_0(p)$$

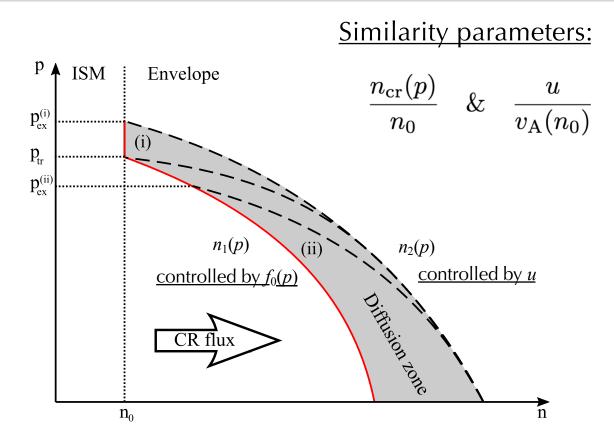
$$\frac{df}{dz} = 0 \quad \Longrightarrow \quad 3 \left. S_{\rm D} \right|_{z=z_{\rm cr}} = \left. v_{\rm A} \right|_{z=z_{\rm cr}} f_0$$

$$\Rightarrow n_{\rm cr}(p) = \sqrt{\frac{\pi p f_0(p) n_0}{12\xi_i} \frac{\Omega_i}{\nu_0}}$$
$$n_1(p) = \max\{n_{\rm cr}(p), n_0\}$$

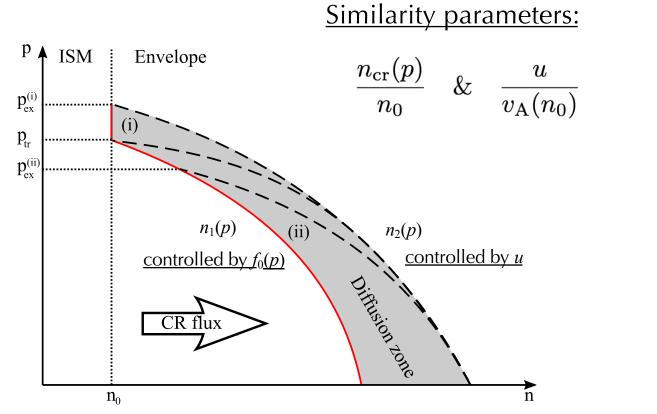
$$v_{A}f(p,z) + S_{D} = S_{0}(p)$$
  
total CR flux  
Inner boundary  $z_{2}(p)$ :  
 $u f(p,z)|_{z=z_{2}} = S_{0}(p)$   
 $\downarrow$   
 $\frac{n_{2}(p)}{n_{1}(p)} = \left[\mathcal{K}\left(1 - \frac{v_{A}(n_{2})}{u}\right)\right]^{2/3}$   
 $\mathcal{K}(p) = 3\left(\frac{n_{cr}(p)}{n_{1}(p)}\right)^{2} + 1$ 

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## Diffusion zone



#### Diffusion zone



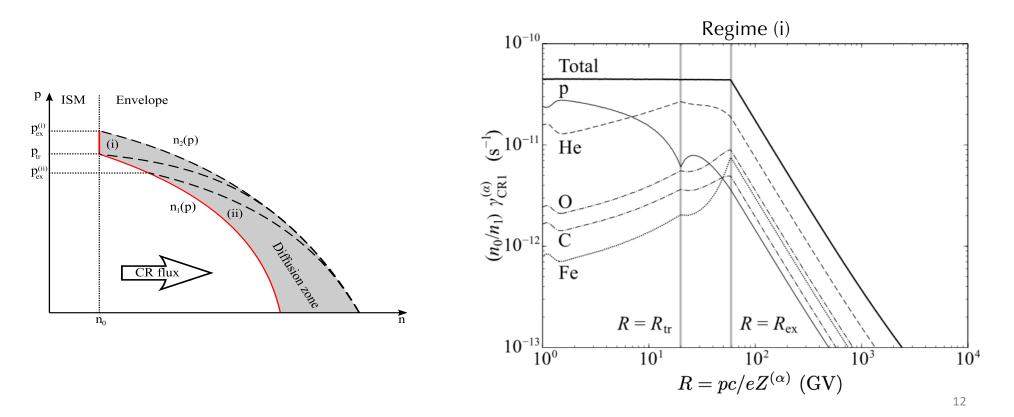
 $\begin{array}{ll} \underline{\text{Excitation threshold } p_{\text{ex}}:} \\ p_{\text{ex}}: & n_2(p_{\text{ex}}) = n_1(p_{\text{ex}}) \\ \\ \underline{\text{Regime (i):}} & v_{\text{A0}} < \frac{3}{4}u \\ \\ \underline{\text{Regime (ii):}} & v_{\text{A0}} > \frac{3}{4}u \end{array}$ 

Self-consistent diffusion coefficient

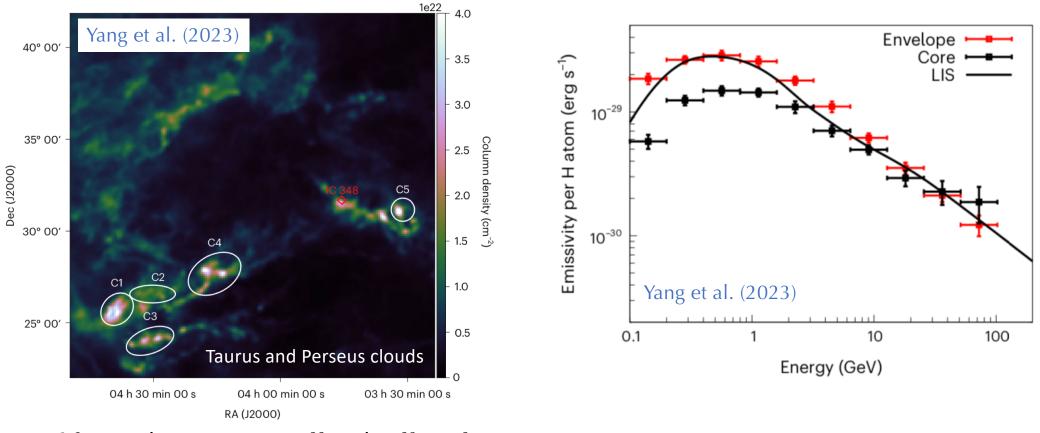
$$\frac{v_{\rm A}}{D} = \frac{1}{2n} \left[ 4 - \mathcal{K} \left( \frac{n}{n_1} \right)^{-3/2} \right] \frac{dn}{dz}$$

# Contribution of heavier CR nuclei

Wave excitation rate at the outer boundary  $n_1(p)$ :

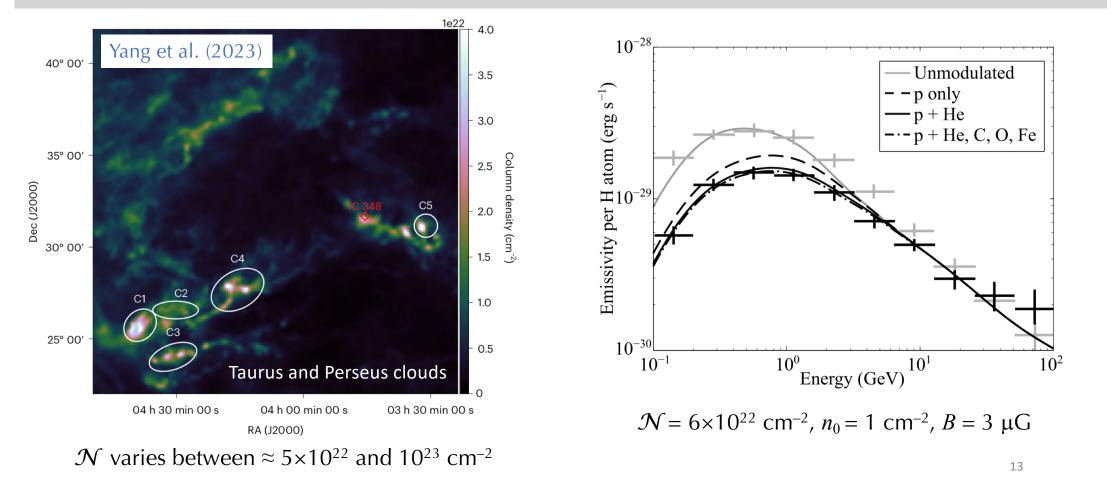


#### Gamma-ray emission from MCs

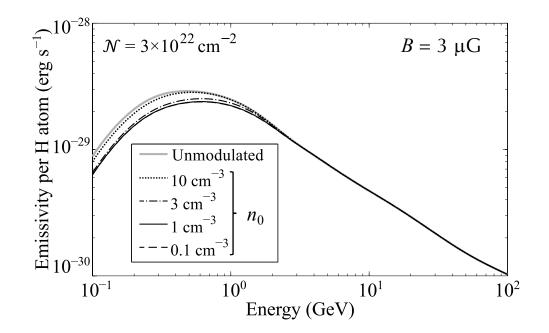


 $\mathcal N$  varies between  $\approx 5 \times 10^{22}$  and  $10^{23}$  cm<sup>-2</sup>

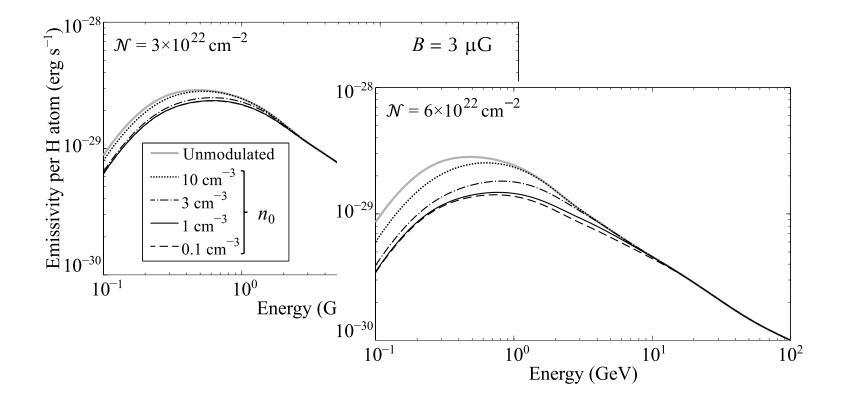
#### Gamma-ray emission from MCs



# Dependence on $\mathcal{N}$ , $n_0$ , and B

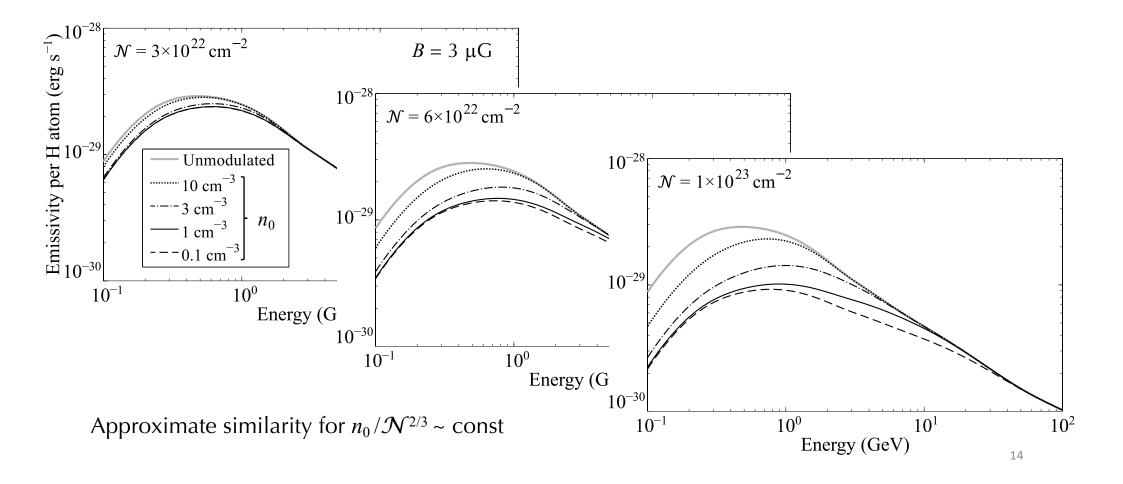


# Dependence on $\mathcal{N}$ , $n_0$ , and B



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# Dependence on $\mathcal{N}$ , $n_0$ , and B



# Conclusions

- Self-modulation of CRs penetrating dense molecular clouds has a universal analytical solution.
- A much stronger modulation effect than obtained earlier (Ivlev et al. 2018, Dogiel et al. 2018).
- Excellent agreement with recent gamma-ray observations of nearby GMCs (Yang et al. 2023) for a conservative set of the parameters.
- The theory can be extended to sub-relativistic CRs  $\Rightarrow$  impact on  $\zeta_{H2}$ .